

Sensei Bruce Hyland 6th Dan

Presents

GASSHUKU #22

Annual Training Camp

15-16-17TH October 2010



**Sensei
Bruce Hyland 6th Dan
ISHINRYU AUSTRALIA**

**Sensei
Edji Zenel 5th Dan
SHOTOKAN ASSK**

**Sensei
Mark Johnson 4th Dan
SHOTOKAN ZSKD**

**Sensei
Chris Dimond 3rd Dan
GOJU KARATE**

PLUS OTHER LEADING SENSEI'S & CHAMPIONS

- Sensei Stuart Kaighin 4th Dan** former Champion and State Kata Coach
- Sensei Golub Tomic 3rd Dan** former Champion and current State Kumite Trainer
- Sensei Peter Hollowood 3rd Dan** former Champion and current Assistant State Coach
- Sensei Nigel Knighton 3rd Dan**-former Champion and State Strength & Conditioning Coach
- Sensei Nerida Field 3rd Dan** former Champion and International Bronze Medallist
- Sensei Richard Stevenson 3rd Dan** Ishinryu Dingley
- Sensei Tom Richards 3rd Dan** Shotokan
- Sensei Tony Hester 2nd Dan** Ishinryu Rosebud

CAMP DETAILS

October 15-16-17th
 Training will start 7.00pm
Have meal before you arrive

TRAINING

The weekend training camp will of Basics, Kata, Kumite, Weapons and much more.

FUN RUN

Saturday Morning, bring your running gear.
Trophies for the Winners.

GRADING

Will be advised
 Additional Fee will be charged
 Dan gradings

CHAMPIONSHIP

Sunday 1.00pm individual
 Kata and Kumite events so
 bring your sparring
 equipment.

CERTIFICATE

Each student will receive a
 Gasshuku certificate. Book
 early so that your certificate
 can be made.

WHAT TO BRING

- Sleeping Bag
 - Pillow
- Towels-Toiletries
- Track gear, runners
- Karate Gi- equipment

BOOKING DETAILS

Sensei Bruce Hyland 44 Peninsula Blvd Seaford 3198
 03 9782 3000 0409 782 304

Sensei Edji Zenel 927 High Street Thornbury 3071
 03 9480 6555 0438 440 555

COST GASSHUKU #22
ADULTS-TEENS-CHILDREN \$195.00
Parents one only \$115.00

EFT to Bruce Hyland Champions Karate
 BSB 013 472 Account # 9016 89087

PLEASE MAKE CHEQUES PAYABLE TO SENSEI Bruce & Edji

Training Schedule

FRIDAY
 7.00-8.00PM
 All students in Hall

Grading
 8.00pm
 1st to 3rd Dan
 Supper

SATURDAY
 7.00-8.00AM
 Fun Run

Breakfast 8.00am

10.00-Noon
 Black Belts
 Brown Belts
 Coloured Belts
 Kids

Lunch 12.30pm

2.00-4.00pm
 Sport Kata
 4.00-6.00pm
 Sport Kumite

Dinner 6.00pm

Supper

SUNDAY
 7.00-8.00AM
 All students in Hall

Breakfast 8.00am

10.00-Noon
 Black Belts
 Brown Belts
 Coloured Belts
 Kids

Lunch 12.30pm

1.30-3.30pm
 Gasshuku Championships

4.00pm
 Presentation

Mt Evelyn Recreation Camp
Tramway Rd Mt Evelyn
Melways Ref 120-C4

Name	Style	Age/grade	Paid